

Salford Metropolitan AC

U11's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
75m Girls	Alysha Porter	10.7s	13 th August 2006	Wigan
75m Boys	Thomas Wiseman	10.7s	9 th August 2009	Wirral (Cheshire League)
	Ben Moseley		19 th September 2009	Wigan
150m Girls	Megan Lewis	23.5s	2 nd July 2017	Salford (Cheshire League)
150m Boys	Alex Nnadede	22.7s	2 nd July 2017	Salford (Cheshire League)
600m Girls	Megan Lowe	1:53.1 min	13 th July 2008	Deeside (Cheshire League)
600m Boys	Thomas Wiseman	1:46.0 min	21 st September 2008	Wigan
Long Jump Girls	Alysha Porter	3.78m	3 rd September 2006	East Cheshire (Cheshire League)
Long Jump Boys	Ben Moseley	4.30m	27 th June 2010	DASH
Turbo Javelin Girls	Emma Wright	16.95m	7 th September 2009	Salford
Turbo Javelin Boys	Harry Steed	26.95m	5 th September 2011	Stockport (Cheshire League)
4 x 100m Girls	Leah Niven Elizabeth Higgins Ashleigh Bamber Alysha Porter	62.5s	4 th September 2005	Salford (Cheshire League)
4 x 100m Boys	Harry Steed Luke McQueeney Alex Reid Ben Moseley	59.5s	11 th July 2010	Salford (Cheshire League)

U13's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
70m Hurdles Girls	Megan Webber Thomas	11.6s	22 nd June 2019	YDL (Sportcity)
75m Hurdles Boys	Archie Cooper	12.8s	15 th July 2017	YDL (Litherland)
75m Girls	Millie Kelly	11.9	18 th May 2019	YDL (Trafford)
100m Girls	Alysha Porter	13.4s	10 th August 2008	Macclesfield (C L)
100m Boys	Ian Loy	13.2s	2002	
150m Girls	Alysha Porter	20.2s	15 th June 2008	Stretford
200m Girls	M Collyer	27.3s	1977	
200m Boys	Ian Loy	27.9s	2002	
600m Girls	Megan Lowe	1:44.16 min	29 th May 2010	Manchester
600m Boys	Sam Tattum	1:39.8 min	25 th May 2009	Stretford
800m Girls	Megan Lowe	2:29.1 min	19 th June 2009	Leigh (YAL)
800m Boys	Jonathan Yates	2:20.0 min	10 th May 2002	Stretford
1200m Girls	Hollie Barnes	3:55.2 min	16 th May 2010	Stockport (YAL)
1500m Girls	A Morrison	5:06.0 min	1986	
1500m Boys	Jonathan Yates	4:48.0 min	2002	
Long Jump Girls	M Parkinson	4.51m	1985	
Long Jump Boys	Nick Armstrong	4.56m	11 th June 2007	Salford (Cheshire League)
High Jump Girls	D Wayne	1.43m	1991	
High Jump Boys	Jacob Yakiah	1.38m	20 th June 2010	Oldham (YAL)
Javelin Girls	Shelly Holroyd	31.04m	1985	
Javelin Boys	Harry Steed	30.57m	8 th September 2013	Salford (Cheshire League)
Shot Putt Girls	Gemma Hallam	7.39m	12 th June 2005	Macclesfield (C L)
Shot Putt Boys	Mathew Bell	9.70m	20 th July 2003	Bradford (YAL)
Discus Girls	Kikka Scales	20.76m	31 st May 2005	Stretford
Discus Boys	Jack Sheldon	17.65m	2007	Stretford
4 x 100m Girls	Isobel Seed Liberty Haywood Megan Greenhalgh Holly Peltier	55.0s	20 th May 2012	Macclesfield (YAL)
4 x 100m Boys	Joseph Eyles Thomas Wiseman Mathew McQueeney James Axon	57.3s	26 th June 2011	Stockport (Cheshire League)

U15's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
60m Girls	Alana Birch	8.54s	6 th March 2016	Sportcity
60m Boys	Myles Paul	7.92	09 th Feb 2019	Sportcity
100m Girls	Naomi Ogbeta	12.8s	29 th July 2012	M60 Trophy Trafford
100m Boys	Jordan Jones	11.8s	18 th July 2015	Sportcity (YDL)
200m Girls	N Bentley	26.6s	2001	
200m Boys	Alistair Roome	24.02s	July 2011	Gateshead (ESAA)
60m Hurdles Girls	Ella Salih	10.37s	17 th February 2019	Sportcity
60m Hurdles Boys	Archie Cooper	9.69s	18 th March 2018	Sportcity
75m Hurdles Girls	Emily Lucas Ella Salih	12.7s	16 th September 2007 18 th May 2019	Wakefield YDL (Trafford)
80m Hurdles Boys	Stephen Watt	12.2s	1993	GM Schools (Trafford)
300m Girls	Alana Birch	45.04s	20 th December 2015	Sportcity
300m Boys	Mustafa Mohamed	40.5s	29 th July 2012	M60 Trophy Trafford
400m Boys	Dougal McDermott	64.9s	25 th July 2015	Leigh
600m Girls	Jacqueline Fairchild	1:47.1 min	10 th March 2003	Blackpool
600m Boys	Sam Tattum	1:39.8 min	25 th May 2009	Trafford
800m Girls	M Dineen	2:17.6 min	1980	
800m Boys	Robert Edwards	2:09.9 min	5 th September 2004	Salford (Cheshire League)
1500m Girls	Francis Cooper	4:53.0 min	1980	
1500m Boys	Robert Edwards	4:27.9 min	12 th June 2004	GMSAA Champs
3000m Girls	Lucy Whittaker	12:48.5 min	14 th March 2010	Blackpool
3000m Boys	Robert Edwards	10:07.7 min	6 th June 2004	Oldham (YAL)
Long Jump Girls	N Howarth	5.00m	1989	
Long Jump Boys	Matthew McQueeney	5.54m	14 th July 2013	Bury (Cheshire League)
High Jump Girls	L Shaw	1.60m	1988	
High Jump Boys	Matthew McQueeney	1.68m	8 th September 2013	Salford (Cheshire League)
Pole Vault Boys	Ben Farrelly	2.20m		
Javelin Girls	Shelly Holroyd	35.35m	1986	
Javelin Boys	Matthew McQueeney	37.06m	13 th July 2013	Manchester (YDL)
Shot Put Girls	J Galligan	11.46m	1986	
Shot Put Boys	Matthew Bell	10.84m	4 th September 2005	Salford (Cheshire League)
Discus Girls	Freya Dooner	28.88m	8 th September 2013	Salford (Cheshire League)

Discus Boys	Nicholas Jolly	32.39m	26 th June 2005	Hyndburn (YAL)
Hammer Girls	Freya Dooner	26.68m	11 th May 2013	GMAA Champs Trafford
Hammer Boys	Luke Burgess	17.53m	20 th June 2008	Stockport (YAL)
4 x 100m Girls	L O'Brien, M Johnson L Shaw, L Rutter	52.5s	1987	
4 x 100m Boys	Mustafa Mohamed Ivan Encarnacao Omar Salih Abel Tsegay	51.7s	29 th July 2012	M60 Trophy Trafford

U17's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
60m Boys	Jordan Jones	7.71s	6 th December 2015	Sportcity
60m Girls	Alana Birch	8.41s	14 th January 2018	Northern Champs (Sheffield)
60m Hurdles Girls	Alana Birch	9.78	13 th January 2018	Northern Champs (Sheffield)
100m Girls	A Holland	12.6s	1988	
100m Boys	Lewis Hickson	11.2s	8 th June 2013	Championships (GMSAA)
100m Hurdles Boys	Daniel Hughes	15.0s	2000	
80m Hurdles Girls	Alana Birch	12.7s	29 th April 2018	Upper YDL (Bury)
200m Girls	Naomi Ogbeta	25.7s	8 th June 2013	Championships (GMSAA)
200m Boys	Alistair Roome	23.5s	8 th June 2013	Championships (GMSAA)
	Jordan Jones		6 th August 2016	Crewe (NOEAA)
	Scott Dunbar		9 th August 2009	Wirral (Cheshire League)
300m Girls	Hannah Mullen	42.6s	26 th June 2005	Hyndburn (YAL)
300m Boys	Dougal McDermott	42.43	3 rd December 2018	Northern Open Sheffield
300m Hurdles Girls	Zoe Leighton	51.3s	3 rd June 2007	Salford (YAL)
400m Girls	Isobel Seed	65.7s	8 th August 2015	Trafford (NOEAA)
400m Boys	Thomas Gerrard	53.2s	7 th July 2013	Salford NOEAA
400m Hurdles Girls	Isobel Seed	80.1s	6 th June 2015	Crewe (NOEAA)
400m Hurdles Boys	Barry Thomas	59.0s	1991	
600m Girls	Patricia Lewis	1:48.3 min	8 th September 2008	Salford
600m Boys	Scott Dunbar	1:29.9 min	8 th September 2008	Salford
800m Girls	D Cooper	2:17.8 min	1976	Championships (GMSAA)
800m Boys	Robert Edwards	2:00.1 min	30 th July 2006	Bury (Cheshire League)

1500m Girls	Francis Cooper	4:53.0 min	1980	
1500m Boys	Robert Edwards	4:19.9 min	18 th June 2006	Salford (Cheshire League)
1500m SC Boys	Nathan Cooper	5:31.8 min	19 th July 2009	Leigh (YAL)
3000m Girls	Leanne Sheehy	11:10.5 min	2 nd September 2007	Salford (Cheshire League)
3000m Boys	Robert Edwards	9:48.9 min	8 th May 2005	Burnley (YAL)
Pentathlon Girls	Alana Birch	2768 points	10 th March 2018	Sheffield
Heptathlon Girls	Alana Birch	3513 points	13 th August 2017	Cudworth
4 x 100m Girls	M Johnson, L Shaw L Rutter, A Holland	51.5s	1989	
4 x 100m Relay Boys	Lewis Hickson Thomas Gerrard Lemuel Payne Alistair Roome	48.9s	22 nd April 2012	Stockport (Cheshire League)
4 x 300m Relay Girls	Rachel Carney Lucy Mathews Leah Niven Rebecca Foster	3:31.1 min	8 th May 2011	Clayton-le-Moors (YAL)
4 x 400m Relay Boys	R Edwards, M Carney M Hulme, A Shepley	4:05.1 min	26 th June 2008	Hyndburn YAL
Long Jump Girls	C Sutton	5.33m	1990	
Long Jump Boys	Daniel Hughes	6.27m	2000	
Triple Jump Girls	Isobel Seed	10.09m	6 th August 2016	Crewe (NOEAA)
Triple Jump Boys	Thomas Gerrard	12.83m	28 th April 2013	Stockport (YDL Upper)
High Jump Girls	L Shaw	1.69m	1989	
High Jump Boys	Matthew McQueeney	1.75m	6 th July 2014	Salford (Cheshire League)
Pole Vault Girls	Emilie Cooper	1.75m	3 rd July 2011	Wrexham NOEAA
Pole Vault Boys	Mark Crowther	3.00m	1986	
Javelin Girls	S Holroyd	35.35m	1986	
Javelin Boys	Matthew McQueeney	44.34m	6 th July 2014	Salford (Cheshire League)
Shot Put Girls	Alana Birch	10.59m	14 th January 2018	Northern Champs (Sheffield)
Shot Put Boys	Harry Benn	10.28m	26 th June 2011	Stockport (Cheshire League)
Discus Girls	J Galligan	27.40m	1986	
Discus Boys	Nathan Cooper	22.49m	7 th June 2009	Championships (GMAA)
Hammer Boys	Nathan Cooper	21.28m	15 th August 2010	Warrington

U20's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
60m Women	Emma Wright	8.93s	20 th December	Sportcity
60m Hurdles Women	Alana Birch	11.15s	9 th December 2019	Sportcity
100m Women	A Holland	12.6s	1988	
100m Men	Lewis Hickson	11.4s	19 th April 2015	Warrington (UYDL)
100m Hurdles Women	Emily Lucas	19.6s	6 th June 2009	Halifax (NOEAA)
110m Hurdles Men	Daniel Hughes	15.0s	2000	
200m Women	A Holland	25.9s	1989	
200m Men	Lewis Hickson	23.0s	14 th June 2014	GM Schools Champs Trafford
400m Women	Mia Shana	65.8s	7 th May 2016	Salford (NOEAA)
400m Men	Lewis Hickson	52.0s	3 rd May 2015	Deeside (NOEAA)
400m Hurdles Women	Zoe Leighton	72.9s	2007	
400m Hurdles Men	Barry Thomas	59.0s	1991	
600m Men	Dougal McDermott	1.31.54	3 rd June 2018	Sportcity
800m Women	M Dinneen	2:17.6 min	1980	
800m Men	Robert Edwards	1:58.1 min	2008	
1500m Women	D Cooper	4:50.0 min	1981	
1500m Men	Robert Edwards	4:10.6 min	2 nd May 2009	Stockport (NOEAA)
3000m Women	Leanne Sheehy	10:54.1 min	2008	
3000m Men	Robert Edwards	9:15.0 min	19 th April 2009	Deeside (Cheshire League)
3000m S/Chase Men	Usmaan Dar	14:03.3 min	3 rd July 2016	Salford (NOEAA)
Long Jump Women	C Sutton	5.62m	1991	
Long Jump Men	Daniel Hughes	6.27m	2000	
Triple Jump Women	Isobel Seed	10.44m	16 th June 2019	Ashton U Lyle (NOEAA)
Triple Jump Men	Thomas Gerrard	12.45m	14 th July 2013	Bury (Cheshire League)
High Jump Women	L Shaw	1.69m	1989	
High Jump Men	Daniel Hughes	1.70m	2000	
Pole Vault Women	Emilie Cooper	1.80m	26 th May 2012	Stockport (NOEAA)
Pole Vault Men	Mark Crowther	3.00m	1986	
Javelin Women	Patricia Lewis	17.48m	6 th February 2011	Lee Valley
Javelin Men	Ellis Cooper	43.17m	3 rd August 2013	Salford (NOEAA)
Shot Put Women	Joanne Mortimer	11.27m	2008	(Cheshire League)
Shot Put Men	Lewis Hickson	7.03m	7 th September 2014	Connahs Quay (CL)

Discus Women	J Galligan	27.40m	1986	
Discus Men	Nathan Cooper	19.77m	23 rd May 2010	NJAL Leigh
Hammer Women	Sarah Cooper	23.05m	15 th August 2010	Warrington
Hammer Men	Nathan Cooper	13.20m	2 nd May 2009	Stockport NOEAA
4 x 100m Relay Women	L O'Brien, K Thornley L Shaw, A Holland	51.5s	1988	
	M Johnson, L Shaw L Rutter, A Holland		1989	
4 x 100m Relay Men	M Bell, R Edwards M Hulme, M Carney	50.3s	18 th June 06	Salford (Cheshire League)
3 x 800m Relay Women	S Darlington J Neill, T Jones	7:59.7 min	1981	
4 x 400m Relay Men	R Edwards, M Bell S Dunbar, L Kenny	3:48.1 min	2 nd May 2009	Stockport NOEAA

SENIORS - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
60m Women	Chidinma Agwu	8.19s	2 nd December 2018	Sportcity
60m Men	Stephen Lightfoot	7.66s	9 th March 2013	Lee Valley (British Masters)
100m Women	A Holland	12.6s	1988	
100m Men	Lewis Hickson	11.4s	19 th April 2015	Warrington (UYDL)
100m Hurdles Women	Chidinma Agwu	17.5s	3 rd July 2016	Salford (NOEAA)
110m Hurdles Men	Oliver Brereton	18.7s	6 th May 2017	Whitehaven (NOEAA)
200m Women	Hannah Mullen	25.9s	17 th July 2005	Wigan (YAL)
	A Holland		1989	
200m Men	Lewis Hickson	23.0s	14 th June 2014	GM Schools Champs Trafford
300m Women	Olivia McDermott	44.40	2015	Sportcity
400m Women	Olivia McDermott	59.83s	11 th June 2016	Sportcity (Northern Champs)
400m Men	Lewis Hickson	52.0s	3 rd May 2015	Deeside (NOEAA)
400m Hurdles Women	Zoe Leighton	72.9s	2007	
400m Hurdles Men	Barry Thomas	59.0s	1991	
600m Women	Olivia McDermott	1:40.04s	2015	Sportcity
600m Men	Dougal McDermott	1.31.54	3 rd June 2018	Sportcity
800m Women	M Dinneen	2:17.6 min	1980	
800m Men	Robert Edwards	1:58.1 min	2008	

1500m Women	D Cooper	4:50.0 min	1981	
1500m Men	Robert Edwards	4:10.6 min	2 nd May 2009	Stockport (NOEAA)
3000m SC Men	Kevin Waterhouse	11:53.4 min	16 th June 2019	Ashton U Lyle (NOEAA)
3000m Women	Leanne Sheehy	10:54.1 min	2008	
3000m Men	Robert Edwards	9:15.0 min	19 th April 2009	Deeside (Cheshire League)
5000m Men	Kevin Waterhouse	17:29.9 min	19 th May 2019	Trafford (NOEAA)
4 x 100m Relay Women	M Johnson, L Shaw L Rutter, A Holland	51.5s	1989	
4 x 300m Women	R Parry, O McDermott C Glewis, P Lewis	3:23.3 min	2009	
4 x 100m Relay Men	M Hulme, S Lightfoot A O'Connell, L Hickson	46.0s	6 th Sept 2015	Salford (Cheshire League)
4 x 400m Relay Men	T Gerrard, L Hickson S Lightfoot, A O'Connell	3:43.9 min	7 th July 2013	Salford (NOEAA)
4 x 400m Women	S Darlington, D Cooper L Broomhead, J Neil	4:09.0 min	1984	
Long Jump Women	C Sutton	5.62m	1991	
Long Jump Men	Daniel Hughes	6.27m	2000	
Triple Jump Women	Isobel Seed	10.44m	16 th June 2019	Ashton U Lyne (NOEAA)
Triple Jump Men	Matthew Hulme	12.25m	14 th August 2011	Wrexham
High Jump Women	L Shaw	1.69m	1989	
High Jump Men	Daniel Hughes	1.70m	2000	
Pole Vault Women	Chidinma Agwu	2.20m	3 rd July 2016	Salford (NOEAA)
Pole Vault Men	Mark Crowther	3.00m	1986	
Javelin Women	Shelly Holroyd	35.35m		
Javelin Men	Matthew Hulme	46.28m	5 th May 2018	Connah's Quay (NOEAA)
Shot Put Women	Joanne Mortimer	11.27m	2008	(Cheshire League)
Shot Put Men	John Isherwood	11.06m	6 th June 2018	Sportcity Joe Moran Mem Vets
Discus Women	J Galligan	27.40m	1986	
Discus Men	John Isherwood	29.53m	3 rd June 2018	Sportcity (NOEAA)
Hammer Women	Sarah Cooper	23.05m	15 th August 2010	Warrington
Hammer Men	Derek Martin	30.87m	9 th August 2014	Wrexham (NOEAA)